



JOAN MARGARET, D.C.

Chiropractor & Applied Kinesiologist
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Welcome,

You will need to download and print four forms to fill out. Please bring them with you on the day of your initial visit, or fax them to our office (510) 658-9079.

On the day of your appointment we request that you do not wear any scented products or products containing petrochemicals. Many of Dr. Margaret's patients are chemically sensitive and are adversely affected by these products. These chemicals are in laundry detergent, such as Tide, and fabric softeners, like Downy, or clothes that have been dry-cleaned.

So, on the day of your visit, please wear clean clothing if possible. And if you think that there are chemicals in the clothes, air them out before using them for office visits. Also, shampoos, scented deodorants and antiperspirants may contain harmful chemicals. Please read labels and if they have words you find difficult to pronounce, consider them harmful to both yourself and others in the office.

If you have any questions, please call us at the above phone number.

We look forward to meeting you,

Joan Margaret, D.C., and staff